

*Ten Years of Health Systems Transition in
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*Track IV A: Mobilizing citizens and communities for better health
Panel: Building Stakeholder Support for Health Reform*

Scaling Up Health Care Quality in Russia: Building Stakeholder Support

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Phase I QAP/Russia

- **Improving care for women suffering from Pregnancy-Induced Hypertension**
- **(Re)designing the system of care for neonates suffering from Respiratory Distress Syndrome**
- **Improving the System of Care for Patients suffering from Arterial Hypertension**



Key Results of (Re)Designing the System of Neonatal Care in Tver:

*(Universe for 5 hospitals Jan99-May00 (19 months):
births-2244, resuscitated-194, RD-309, RDS-191,
transported to NICU-181)*

- **93% 7-day survival rate after initial resuscitation**
- **46% increase in neonates transported to NICU with normal body temperature**
- **63% reduction in neonatal mortality due to RDS**



Elements of the Russia Intentional Spread Strategy I:

- Sensitization & gaining support
- Purpose & methods
- Training & capacity building (QI, Content, TOT)/ (trainers & team members)
- Team approach for re-invention (Adaptation)
- Champions from demonstration teams



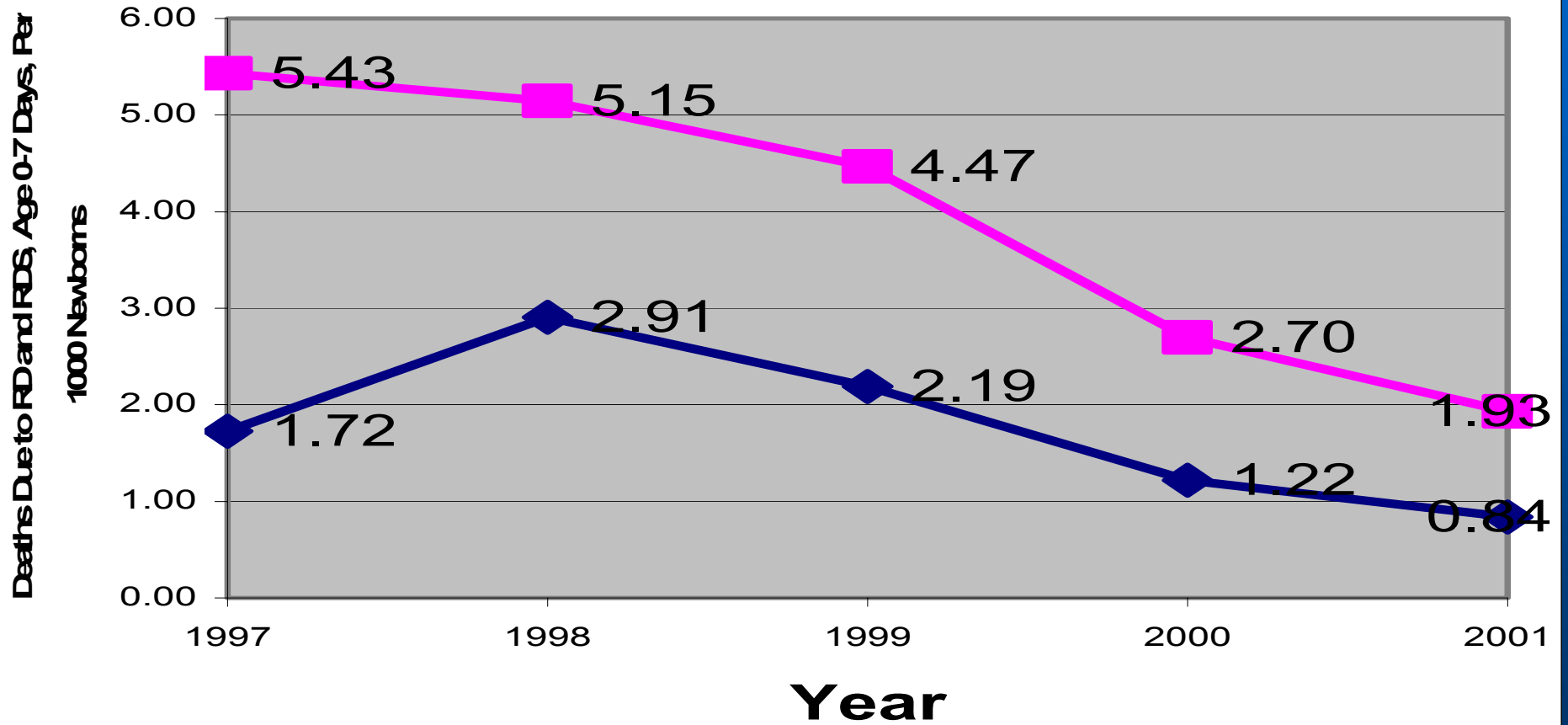
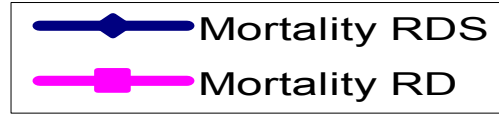
Elements of the Russia

Intentional Spread Strategy II:

- Organization of spread mechanism
- Schedule for spread
- Roles and responsibilities
- Communication
- Health authority leadership
- Guidance, support, mentoring
- Openness to change in plans



Mortality Due to RD & RDS 1998-2001



Factors Contributing to Success - I

Methodological Aspects:

- Adaptation of the QA methodology to the Russian organizational culture
- Quality improvement is top led, bottom fed
- Capacity building
- Empowerment to make changes



Factors Contributing to Success - II

New Leadership functions:

- **Defining priorities for improvement**
- **Issuing directives on the creation of teams**
- **Leadership agreement to team decision making**
- **Issuing directives on changes to the system**
- **Supervision of the improvement**



Factors Contributing to Success - III

Improved Relationships/Communications:

- “I now have closer relationships to my colleagues. I relate differently to my patients. I even have a better relationship with my children.”
- Ability to speak up at meetings, to be equal member of the team
- Restoration of feeling of “elbow”



Conclusions

In post-soviet countries it is very important to secure leadership support, in combination with empowering front line professionals to make changes in their systems in everyday work.

